



The Munsters Two Faces
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SPOKE

"Keeping Conestoga College Connected"

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28th Year — No. 42

Kitchener, Ontario

December 9, 1996

C is for cookie



Eric Seberras, 3, enjoys a cookie outside Roasters. He was at the school with his mother, Melissa, a general arts and science student.
(Photo by Ross McDermott)

President says college committed to alternative delivery methods

By Ross McDermott

College president John Tibbits says Conestoga is committed to alternative delivery methods, such as self-learning, as outlined in the Strategic Plan 1995-2000.

A report is prepared annually to make sure the college is following the strategic plan and, despite 15 per cent cuts to education funding, Tibbits said the college is doing well. The use of alternative delivery methods is something the college had been considering for a long time, Tibbits said.

"It's not like, all of a sudden, we just decided to do this. We had identified alternative delivery strategies years ago in our

strategic plan."

Tibbits said there were two factors contributing to the decision as to where self-directed learning could be implemented — teachers who indicated an interest in using this method of instruction and vacancies created by the early retirement of 60 faculty members last year.

Tibbits said program advisory committees in the business and health sciences programs recommended students be taught in a self-directed manner. "The belief is that we have to get students graduating from this college who aren't just passive learners."

He cited the health care industry as one field where people have to

upgrade their knowledge annually and will have to be self-directed in their ability to learn.

In the future, alternative delivery will increase at the college and there will be more use of sophisticated computer technology such as CD Roms, Tibbits said.

He said the college did not start off using high-tech methods of self-learning because the college needs more equipment and because it could have intimidated students.

Because alternative delivery is new, he said, the college started by using a simple print medium (textbooks and workbooks) and some video.

See Alternative on Page 2



TRADING PLACES — College president John Tibbits, right, and Joseph D. Relich, head of the international centre at the University of Western Sydney, signed a formal agreement Nov. 25 allowing Conestoga graduates of the programmer/analyst program to transfer to the University in Australia to complete a bachelor's degree.
(Photo by Sara Maxim)

Conestoga signs agreement with Australian university

By Sara Maxim

Conestoga College and the University of Western Sydney, Australia, have signed a formal agreement allowing graduates from Conestoga's computer programmer/analyst program to transfer to the university to complete a bachelor's degree.

College president John Tibbits and Joseph D. Relich, head of the international centre at Western Sydney, signed the articulation agreement Nov. 25.

Grant McGregor, college principal, and Ron Kelly from KOM, a Hamilton-based agency working with Western Sydney, were also present.

According to a Conestoga press release, this agreement, which may lead to other agreements with the university, allows graduates of the three-year computer programmer/analyst program to

apply for admission to the university and receive the equivalent of two years full credit.

Students would need only to complete one year at the university to receive their bachelor of commerce degree. As well, students could then work towards a master's degree.

Students would study at the university's Nepean campus, located about 60 kilometres from Sydney. Relich said the university has intakes in February and July, so Conestoga students could start as early as February 1997.

A full year at Western Sydney will cost about \$20,000 Cdn, roughly the same amount in Australian currency, Kelly said. This figure includes not only the cost of attending the university, \$9,500, but the cost of airfare, food and housing, as well.

Kelly said the university's international centre picks up students

from the airport and helps them find housing.

There is also a student services department to help international students adjust to living in a different country, he said.

As well, students from Conestoga would automatically be granted, upon acceptance to the university, a visa which allows them to work in Australia, Kelly said.

This would offset some of the cost involved in attending university in another country. Kelly said KOM is working to link Western Sydney with a number of Canadian colleges. So far, agreements have also been made with Loyalist, Fanshawe and Seneca.

According to Relich, the university is also looking for ways to internationalize its students and is looking into the possibility of an agreement to send Australian students to Conestoga.

Website for OSAP created by ministry

By Scott Nixon

Conestoga's financial aid officer says changes the provincial government is making to the availability of Ontario Student Assistance Program information will be problematic.

"I'm very worried about it," said Carol Walsh.

Walsh is concerned about the Ministry of Education and Training's upcoming method of informing students about the status of their OSAP application.

Carol Walsh,
Conestoga's financial aid officer, said she is worried about the changes to the availability of student assistance information.

The ministry has created an OSAP website on which students can find out whether or not they'll be receiving OSAP.

Students can also learn how much money they'll be receiving, the status of their loan forgiveness and other general information.

Eventually, Walsh says, this website will replace the current mailing system of getting information out to students.

This is a problem, she said, because only a small percentage of students have Internet access.

For these students, the government has set up an information line that can be reached at 1-900-565-OSAP.

There is a flat rate of \$2 for each call.

Walsh said these changes will create a two-year transition period which will cause problems for the college and students.

These new methods of providing OSAP information are ways for the government to save money.

One change that will be made to the current system is that, starting in September, students won't receive loan documents to take to the bank.

Instead, they'll be given a paper of authorization.

This could cause problems, Walsh said, because under the current system, if a student has deferred part of their tuition, that information is usually written down on the loan document.

Now, since there will be no loan document, Walsh said she doesn't know where that information will be written.

Walsh also said the ministry hasn't been able to give the college the answer to this problem.

Other changes to the OSAP system will make more work for the college.

See OSAP on Page 3

Alternative learning to increase at college

Continued from Page 1

Tibbits said he understands alternative delivery is something new and expects that students will need time to adjust.

"My feeling is there is an adaptation period,"



John Tibbits

he said. "But I don't think this period is so much technical as it is attitudinal." He said students will need some minimal training to be self-directed,

and the college is considering workshops that train students to learn independently.

Tibbits said the college wants students to be more responsible.

"I think, frankly, in the long run, students will benefit from this."

Even though the use of alternative delivery will be increasing in the future, its implementation will be slow and faculty does not have to worry about layoffs, Tibbits said.

He said alternative delivery is

cost effective and allows the college to keep student tuition fees down and, despite what some faculty may say, will not take away from the quality of education.

"Not if it's done well," Tibbits said.

"It's like anything. If you have an

excellent teacher, then you'll have an excellent lecture.

"But we have in this institution, like most, excellent teachers and average teachers. The key here is to make sure the materials are excellent and the course is well organized."

Differentiated teaching required: Tibbits

By Ross McDermott

College president John Tibbits says differentiated academic staffing — using lower paid people instead of teachers in some classroom settings — is not a threat to teachers' jobs, but a way to make sure appropriate resources are being used in the appropriate places.

He said some teachers at the college imply that everyone involved in the teaching process should be a professor.

This, said Tibbits, is an inefficient use of resources.

He questioned the logic of using a professor to do a job that could be done by a technician.

"If you are demonstrating how to take blood pressure or give an injection," Tibbits said, "I'm not sure you have to pay someone \$63,000 a year."

Tibbits said a technician earning \$35,000 a year could perform those type of duties just as well.

Tibbits said the opportunity for advancement, from a technician's position to a higher level position such as professor, is possible as the person gains more experience.

He used the university system as an example and said it uses a variety of differentiated staffing — from technicians to teachers' assistants. Conestoga needs to expand in this area, said Tibbits.

Contradictions in Strategic Plan says president of faculty union

By Ross McDermott

The president of the faculty union at Conestoga College says a document outlining college plans for future education contains statements which are contradicted by reality.

Strategic Plan 1995-2000 deals with the college's "mission, vision and values," discusses the economic and social trends which form the reasons behind the plan and reveals the college's strategic thrusts, which include academic excellence, student success, quality service, human resources and fiscal responsibility.

Under the section titled Our Values, the strategic plan states: "We appreciate the contributions made by our employees and value their involvement, individually and collectively, in the decisions which affect them."

But Walter Boettger, president of local 237, said faculty has little involvement in many of the decisions made at the college.

The strategic plan, for example, was put together by senior management, he said, with neither faculty nor students having any involvement.

"Management marginally taps into the expertise and experience

the faculty brings into the college," he said.

In the case of the alternative delivery methods being implemented in some courses, Boettger said faculty had some involvement in the spring but has had no input since.

"That is changing. Administration has stated that faculty will be given more involvement." But Boettger said no action by administration in that direction has occurred.

He said problems with the self-directed courses — business law and biology — are the main reasons administration has decided to allow more faculty involvement.

Students should also be given an opportunity to have input into self-directed learning, said Boettger. "There should be a committee or a lot of consultation between students, faculty and administration."

In the document's section titled Strategic Thrusts, under the heading Human Resources, the plan states the college will continue to implement "differentiated academic staffing" (using technicians instead of teachers) as opportunities arise.

This, said Boettger, like alterna-

tive delivery, is viewed by some members of faculty as a threat to their jobs. "They feel it will equate to layoffs."

Administration has stated that these types of methods will only be implemented when openings become available because of faculty retirement, but there is a feeling among faculty that administration may decide to lay off people if the cuts to education add more strain to the finances at the college, Boettger said.

Differentiated staffing also contradicts the strategic plan's ultimate goal of providing a quality education, Boettger said. Because technicians are paid substantially less than teachers and receive no incentives to move forward, they would go stale as educators quickly, Boettger said.

"I think there is a real danger in bringing in differentiated staffing," he said, "and if these people are paid sub-standard rates, you're going to really affect the quality of education."

"At this point there is no thrust on our part to go in and challenge anything because we're still waiting for some data," he added.

■ Nursing students promised changes, see Page 7

Bursary applications now available

By Scott Nixon

Conestoga's financial aid officer said bursary applications will be available the week of Dec. 9 in the student services and registrar's offices.

Carol Walsh said students granted bursaries will receive between \$100 and \$500. Last year, out of 200 applications, 53 students received bursaries totalling

\$13,000.

This year, the college will provide \$30,000 in bursaries. This increase is because of a government stipulation that colleges use some of the money raised by tuition increases towards student financial need.

Walsh said she expects more applications this year.

"There has been a steady increase each year in the number of

people who receive bursaries."

Walsh attributes this to the high unemployment rate. "Students just can't find part-time employment." Students are granted bursaries based on need.

To demonstrate their need, students must complete an application form which includes their budget.

The deadline for the Conestoga bursary is Dec. 20.

Winter bikin'



Even after the first snowfall of the year, residents at Rodeway Suites keep their bikes out and ready for days like Dec. 1, when temperatures rose to 13 C.

(Photo by Jennifer Dougall)

Alternative delivery method gives retired teacher doubts

By Ross McDermott

The former teacher of the biology course in the nursing program has mixed feelings about the implementation of the alternative delivery method.

Steve Garbatt, who taught the biology course at the college for over 20 years, said the alternative delivery method has a place in the educational system but he questions the extent to which it is being applied.

He said implementing it in the biology course is a big loss to the nursing program.

"It lacks flexibility to incorporate new information on an on-going basis," Garbatt said.

"When I was making notes for students," he said, "every semester I was making changes. I don't see how these packages can make a current presentation."

He said he understands the college is being squeezed fiscally and applauds administration for acting responsibly in this matter, but he is disappointed with the claim that they are moving in a direction that is better and cheaper.

Garbatt said he fears the college's position will affect the

quality of education and that the "college has lost perspective with the message they are sending to the government."

"The student population is varied," he said, "and self-directed methods are for those who wish to get an education quickly."

However, Garbatt said, those who are the greater population of the college and who need to mature are going to be "short changed."

He said independent study has its place, but the college does not have the finances to afford the technology that goes along with it.

He also said the human element is very important especially to courses such as biology.

"We are gregarious animals," Garbatt said.

"We like company. The human animal loves to interact. Its stimulating."

He said that learning must continue to have that human aspect of interaction.

"We go through this all the time," he said.

"People who's strength is designing independent-learning packages begin to think there is no need for anything else."

Birdman



A homeless man, known simply as the Birdman, feeds a flock of pigeons in Speaker's Corner in Kitchener. (Photo by Doug Coxson)

STAY INFORMED

OSAP website will save money

Continued from Page 1

Because of downsizing at the ministry, Walsh said OSAP application forms will be put into the computer at the college instead of at the ministry.

This amount of work will require the college to increase staff during the peak period of April through October. Walsh said this new method is good news because it will be an overnight process.

Under the current system, Walsh said it usually takes four to six weeks for an OSAP application form to be processed. "We've tested it out, and it works."

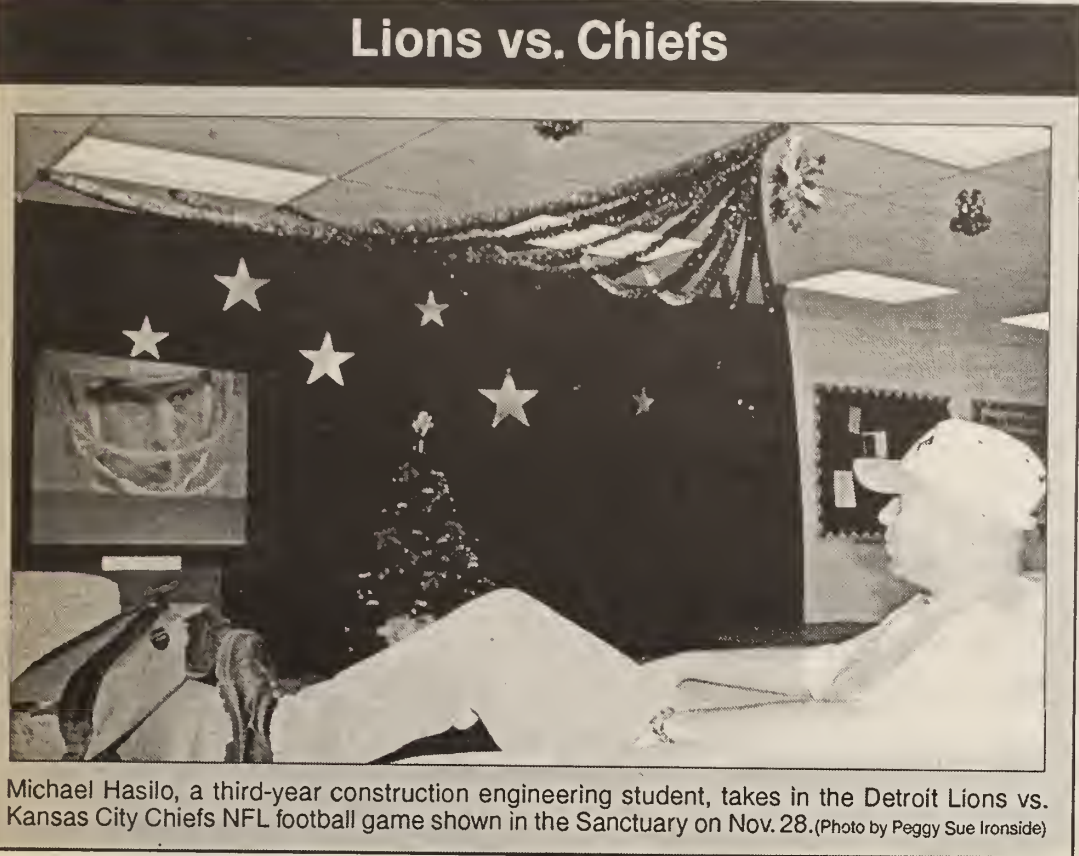
Although the changes to OSAP will save money for the ministry, Walsh said it has cost the college approximately \$4,400 to buy the equipment to go online.

She also said the college will

have to buy computer terminals for the library to allow students Internet access to find out about their OSAP status.

When students get better access to the Internet, the new website will provide better customer service than the current system, she added.

The OSAP website can be reached at <http://osap.gov.on.ca>



Michael Hasilo, a third-year construction engineering student, takes in the Detroit Lions vs. Kansas City Chiefs NFL football game shown in the Sanctuary on Nov. 28. (Photo by Peggy Sue Ironside)



CHILDREN'S AID SOCIETY — Marnie Morrow, Waterloo Region Family and Children's Services, spoke to Conestoga students in the Sanctuary on Nov. 26.

(Photo by Bryce Wilson)

Students organize fund-raiser for Tree of Hope Campaign

By Bryce Wilson

Marnie Morrow, of the Waterloo Region Family and Children's Services (Children's Aid Society), spoke in the Sanctuary on Nov. 26, about the college's initial participation in the Tree of Hope Campaign.

The charitable non-profit social agency wants to build a community where "all children can grow up safe, healthy and loved," Morrow said. Many people follow the Tree of Hope Campaign and fund-raising events are a good way for the school to get some publicity, she added.

The speaking engagement was part of a week-long fund-raising event organized by three of the college's first-year recreational leadership students as part of a course called revenue generation.

Donation jars were placed in Roasters, Dooners, the main cafe-

teria, the bookstore and the lounge during the week of Nov. 25. They raised \$42 for the campaign.

"I'm a little disappointed," said Tanya Kavelman, one of the organizers, "we had a goal of \$100."

Jessica Willson, another organizer, said she felt bad about the amount raised, but added that the three learned a lot about fund-raising. Michelle Loomis, the third organizer, added that the group should have advertised more before.

Few people showed signs of interest in the presentation in the Sanctuary. Kavelman said she understands that it is students' lunchtime, but "it was just 10 minutes out of their time."

Some students continued to play foosball, even though signs were taped to the machines asking them to stop at noon.

Chris Kroeker, promotions assistant with the Doon Student Asso-

ciation, said signs were put out 15 to 20 minutes before the presentation. He said they've had problems like this before and that it takes away from presentations. "It's distracting to everybody."

The money raised by Conestoga will be presented to the CHYM 96.7 FM radiothon for the Tree of Hope running Dec. 12 and 13.

Family and Children's Services of the Waterloo Region has been in operation since 1894. It is available 24 hours a day, 365 days a year.

According to a fact sheet released by the foundation, their role is to protect children at risk of harm, in accordance with the provincial Child and Family Services Act. No other organization has this legal mandate.

They serve approximately 5,000 children and 2,300 families annually with the help of 190 foster homes and 280 volunteers.

Spring break



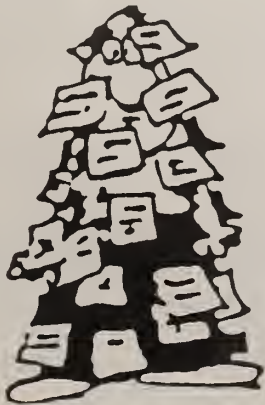
Sandra Cortes (left), first-year general arts and science student, along with her friends Mat Kokan, first-year mechanical student, and Kathy Taylor, first-year GAS student, look over trip packages for spring break.

(Photo by Peggy Sue Ironside)

CORRECTION

In the Dec. 2 issue of Spoke Barbara Glaser's name was spelled incorrectly in the outline of a photograph.

Spoke regrets the error.



Spoke wants your input

Is your class organizing an event, or having a guest speaker?

All news tips and suggestions are welcome.

Drop by the Spoke office, 4B15, or phone, 748-5366.

COMMENTARY

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Close the door on discrimination

In July, the United Nations, again touted Canada as the best nation in the world in which to live. How nice!

Try living here. Canada is not the bed of roses the UN would have us believe.

Canada is fast becoming a global version of an "old boys club".

Canada is one of three nations (including Mexico) comprising North America that has prospered and grown as a result of immigration.

The United States is known as the "great melting pot", referring to its process of absorbing different cultures to form what Americans call the "greatest nation on earth."

Canadians favor their so-called "multi-cultural society" and believe it to be superior to the U.S. process.

Multi-culturalism — I used to think I knew what it meant, and what it meant for Canadian society — fairness for all. But increasingly we see the descendants of our founding fathers cry out for special treatment.

French-Canadians in Quebec — well, we could go on endlessly.

Aboriginals — well, a 4,000 page report at a cost of \$16,000 a page has just been released to tell the rest of Canada that native people are unhappy.

Immigrants — well, they want to be here and for the most part we invite them to come and share in what we have built.

English-Canadians — well, here we have a people named in most complaints about ethnic discrimination in Canada.

Certainly, the founders of this nation have long since passed into oblivion, but their ideas are still with us.

And you know, I think the criticism is justified. Certainly, the founders of this nation have long since passed into oblivion, but their ideas are still with us. And what were these ideas?

Let's face it. Originally, the founding fathers of this country did not want to join the newly founded "boys club" comprising the Thirteen Colonies to the south, so they formed their own club with their own rules.

Over the last 129 years the rules have been twisted, bent, and re-interpreted to suit the ruling members of the "club" — the English-speaking Canadians.

Is it any wonder the French-Canadians are trying to separate? All they're trying to do, really, is form their own chapter of the club.

The aboriginals, too, want their own chapter. After all, they were members of the original club, although treated poorly.

Everyone, it seems, knows the rules and are now setting out to section the country into monetary kingdoms in support of the original members.

But what of the people immigrating to this country? Should they be expected to pay their dues and put in their time as junior members before requesting full Canadian status?

Maybe it's time for us to disband the old boys club and give all Canadians equal membership to what the UN calls the greatest club in the world.



Rick Kew

Nursing student wants teacher, not tutor

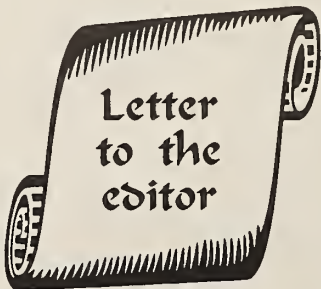
I would like to respond to an article published in Spoke Nov. 18, concerning the nursing student independent learning method.

The change in the delivery of the anatomy course has put a large amount of extra pressure on both the nursing teachers and the students. The teachers have tried to respond to this new delivery system with a commitment to try and make this work. It costs them extra time and support to the students.

This change in the delivery is a symptom of the wider cuts that are happening in health care. The reality is that this is a knee-jerk reaction to the need to cut funds. It was unplanned and not thought out for long term delivery, although the teachers who directly provide

the service have to go the extra mile.

This is very similar to the response of health care providers in the larger health care structure. As an employee in a health care institution, I am always constantly challenged to do more, because I care for my client.



From my view, the teachers care for us individually, but they struggle with the delivery of this new cost-cutting approach.

As a result, I for one, have created a second tier of this course delivery. I have hired a tutor privately in order to understand the complex concepts that are part of learning physiology.

Isn't this similar to what is happening in the wider health care structure, as clients pay privately for the services they need?

Bottom line — I would like a teacher to be teaching us this challenging material, as I interact with him/her personally.

Thank you for allowing me to voice my strongly felt concerns.

Marion Willms,
Third-semester nursing student

Montreal massacre remembered

Being a woman is not always easy

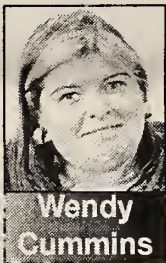
With the anniversary of the Dec. 6 Montreal massacre, when 14 women were brutally murdered, it makes one think of what it means to be a woman.

Granted, not all violence is directed towards women and men do suffer their own forms of violence. Yet, it seems apparent that women seem to be targeted for senseless violence on an ongoing basis.

Walking alone or living alone is a safety concern that most men do not have to worry about.

Sexual assault, rape, harassment, or abuse, are acts of violence that can alter a life forever.

Trust becomes an issue in relationships, in that many women lack any trust in the opposite sex.



Wendy Cummins

Love seems like an unreachable goal for some women who believe that "all men are created equal."

Although this is not necessarily the case, some women believe it to be true, and cannot face opening themselves up in a new relationship.

The sadness that stems from such a senseless act can leave some women in a den of bitterness that can last a lifetime.

Therapy may help some women overcome such acts and lead them to live productive lifestyles. For others, unable to overcome the past, they live in fear and shame for years.

Men that live with these women or love these women must show an insurmountable amount of patience and love, for that is what is needed for some women to overcome such violence.

Although this may seem like an easy task, it is quite the contrary. In fact, for some men, this seems to be a deterrent from entering such relationships. The

enormous amount of patience or ability to be constantly sympathetic is not an easy task for the average person.

Women can fight back against the crimes during such annual events as Take Back The Night March and the anniversary of the Montreal massacre, but fighting back is not all it will take to change the way women must live.

Taking more caution during the day-to-day tasks that women undertake and watching out for each other can help.

But, until society undergoes a massive overhaul and rids itself of all violent beings, there will still be women attacked on a daily basis and men will, in some cases, walk free because the women are too afraid to talk about the act.

I find it hard not to weep for the women that were brutally murdered during the Montreal massacre and for the many women around the world that have been tragically abused and violated by the senseless beings left in society.

Conestoga's alternative delivery methods unfair

Since September, nursing and social service students at Conestoga have been required to take some of their courses through independent studies.

This so-called new learning style requires students to self-teach instead of going to a classroom and having a teacher personally deliver the subject.

This new way of teaching a course is unfair to students.

Doing independent studies puts too much pressure on students and forces them to become both student and teacher.

Students can't help but feel abandoned by the college in these courses. Learning through independent study leaves stu-



Shawn Leonard

dents without the quality of teaching they would receive having been taught directly by a teacher.

By not being in a classroom, the student misses not only being taught by a teacher, but also the personal insight of the teacher's experiences.

Conestoga nursing students now learn psychology, sociology and biology through independent studies.

Social service students here take sociology and strategies for student success through independent study.

Soon they will learn psychology the same way.

None of these courses is easy to begin with, but when you have to teach yourself, it becomes downright difficult.

The reason given for the change in the nursing program is because some of the psychology, sociology and biology teachers were retiring after the end of the 1995-96 school year.

Alternative learning in the nursing program, as well as in the social services program, will also help save the college money.

Nursing and social service students should have had a say in this delivery method. They should have been able to vote on it.

With student input, perhaps an alternative solution could have been reached. But the decision for the change was the college's.

In its effort to save money, the college is giving our nursing and social service students a more difficult and less effective education.

There are already some students who are struggling through the courses and having a hard time adjusting.

This will not only affect the student, but also impact on how outsiders view this college, which seems to favor cost cutting over education.



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STUDENT LIFE

Rodeway Suites goes on the Net with web page

By Jennifer Dougall

Conestoga's residence is on the Internet.

Rodeway Suites' parent company, Campus Living Centres Inc., has given its three residences, at Conestoga, Durham and Niagara, web pages.

Paul Holowaty, Rodeway's manager, said because all high school students have access to the Internet through their schools, it was a good place for promotion.

Holowaty said he isn't sure if other residences are online because he doesn't like to know what they're doing. "We like to look at ourselves as innovative."

Gene Pringle, president of Campus Living Centres Inc., thought of the idea to go on the Internet. He also runs and updates the site, Holowaty said.

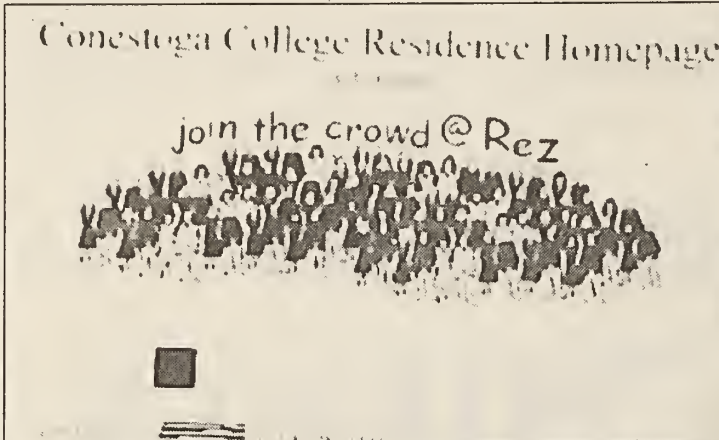
He said the most recent update for the web page was two weeks

ago.

The site includes the current room rates and an online order form, where potential renters can fill out an application to rent.

But because the application asks for a credit card number, Holowaty said some people might be uncomfortable filling it out over the Internet. Another way to use the application, he said, is to print it out and send the information, complete with a credit card number, by mail.

The site also includes a picture



ON THE WEB — Rodeway Suites' homepage features a picture tour of the rooms available, a bulletin board of what's new at the residence, rates for a year's rent and an order form for potential renters to apply over the Internet.

(Photo by Jennifer Dougall)

tour of the residence, where a potential renter can see the rooms available over the Internet, he said.

Holowaty said even though all these features are available online,

people should still come to Rodeway to see the residence first-hand before applying for residence.

There is a place on the site for students to post upcoming events and information.

Holowaty said students wishing to post information don't load the information on themselves, but give it to management to have it loaded

onto the page.

So far, only the residence council has given management anything to post.

He said the college is welcome to

post information on the page, but he prefers the information have something to do with the residence.

As of Dec. 1, there have only been 54 hits on the site since it began Oct. 21, but that does not bother Holowaty. He said not many people know about the site because Rodeway hasn't begun promoting it yet.

Promotion was set to begin last week.

The Conestoga and Durham residences both went online at the same time, Holowaty said. The Niagara residence is now online, even though the actual residence hasn't been built. It will open in September 1997.

Rodeway's website is located at <http://www3.sympatico.ca/campus/conrez.htm>

For more information, contact Rodeway over the Internet at rsconestoga@sympatico.ca

Trikin' tot



Corrina Lafrance rides a four-wheeler while attending a Christmas party for NCR Canada Inc. at the recreation centre Dec. 1.

(Photo by Eric Whitfield)

DSA plans to purchase sound system for Sanctuary

By Doug Coxson

A new \$12,000 public-address sound system for the Sanctuary will eventually mean money in the bank for the Doon Student Association if plans for its purchase go through, said the DSA's entertainment manager.

Gavin FitzPatrick said plans for the purchase of a new PA system, being presented to the capital development committee before Christmas, will save the DSA the cost of renting a sound system from Sherwood Music every time a band is booked to play Conestoga.

"We've spent \$4,600 this year on production, and it really doesn't make a lot of sense since our Nooners cost us almost as much for production as they do for talent right now," said FitzPatrick.

It costs the DSA about \$600 each time they rent from Sherwood, a large part of the cost being for a truck rental to transport the equipment, he said.

With the cost of transportation and equipment rental eliminated, FitzPatrick said he thinks the PA will pay for itself within a year.

Most of the bands that play Conestoga aren't big enough to have their own production. The more successful the band, the more likely they are to have their own sound system, he said.

"What we had in here for the Ashley MacIsaac show was probably pretty close to \$200,000 worth of equipment."

The used system the DSA is looking at consists of a soundboard, amplifiers, speaker cabinets, microphones, two to three monitors and cables.

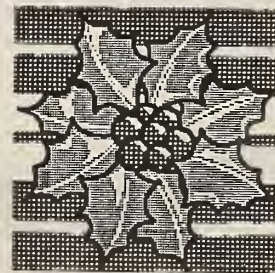
"Basically it'll be a really versatile system," he said. "We're trying to set it up so that it'll be something we can get a lot of use out of."

FitzPatrick said the new system will open up a lot more possibilities for the DSA, including the opportunity for them to organize a band night in which bands from within the school can play.

"There are people who just want to play and we can't really justify spending the money on production."

The money for the sound system will come from the capital development trust fund which is accumulated from a capital development fee in students' tuition.

"It's definitely within the parameters of what that fund is there to be used for," said FitzPatrick.



Seasons Greetings

The Doon Student Association would like to wish all students, staff, and faculty a Safe & Happy Holiday. All the Best in 1997!



Notice of Meeting Board of Directors

Tues. Dec. 10
4:30 pm
Rm. 1B23

If you are unable to attend please see Krista at the DSA Office



STUDENT LIFE

The alternative learning debate

Nursing students promised changes

By Colleen Cassidy

First-semester nursing students have been promised changes related to the anatomy and physiology independent study programs included in the curriculum, but some of the changes will not affect them, said the dean of the school of nursing.

The changes will come into effect in time for the students coming into the nursing program in February, said Bill Jeffrey.

Concerns were voiced by nursing students during three meetings Nov. 25, 26, and 27.

Attending the meetings were first-semester students, members of the faculty and administration of the school of nursing, and a representative from the alternative learning centre.

The 106 students were divided into three groups at the beginning of the semester and the meetings were held during their class times.

Jeffrey said strategies for student success, a mandatory elective included in the first-semester nursing students' course load, will be dropped and will not be replaced. Many students learned the topics covered in the course during high school and did not think it was beneficial to them.

Jeffrey said the recommended Ontario college curriculum, set by the Ministry of Education, includes one general elective for each semester. He said there is no elective for the sixth-semester students, because of responsibilities to their field placements.

Jeffrey said strategies for student success was included as a first-semester course to meet the Ministry of Colleges and Universities' recommendation. He said the course was intended to assist students with their independent studies courses.

He admitted it was a mistake to include the course in the program, and agreed the extra three hours each week would be of greater benefit to the students.

Jeffrey said some colleges don't include one general elective for each semester in many of the programs they offer.

Students also had concerns about the methods of evaluation for the courses. Those concerns were addressed at the meetings.

Jeffrey said it might be possible to evaluate students using visual methods rather than exams.

He said one method that could be used is to ask the students to identify a particular part of the body using the skeletal models in the anatomy room.

Jeffrey said students who failed only one course would get an opportunity to raise their mark by doing supplementary work given by their instructor.

He also said students who passed all their courses, but wanted to raise their grades, could re-write their exams.

The students also said one hour isn't enough time to discuss problems they might be having with their independent studies. They said more of the objectives needed to be covered during the tutorials.

Jeffrey said in the future the class will be broken into several smaller groups for the tutorials.

Jeffrey said he was aware of the concerns early in the semester, but because the exam marks this year were not greatly different from the marks in past years, using the traditional teaching methods, he said he didn't think the students' problems were very serious.

He said 69 per cent of the stu-

dents passed the first exam, 72 per cent passed the second exam, and 79 per cent passed the third.

Jeffrey said, even when using the traditional teaching methods, physiology and anatomy are difficult courses.

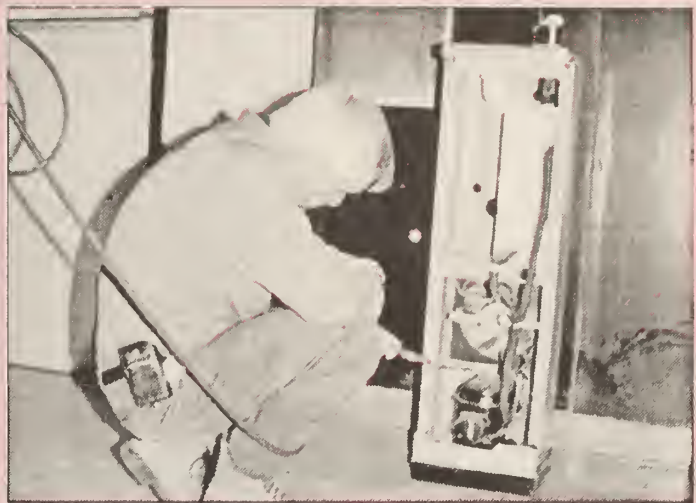
He assured the students they were doing better than they thought they were.

Jeffrey said the independent studies courses were good experience for the students' work futures.

He said they won't always have somebody teaching them.

He said some changes will be made to all six semesters in the nursing program.

Clean-up time



Jack Baker, a maintenance worker, uses a hose to blow dust from the fountain on the fourth floor.

(Photo by Ross McDermott)

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SPOKE**

STUDENT LIFE

DSA unhappy with service of drug insurance company

By Doug Coxson

A change in corporate structure at the Doon Student Association's student drug insurance company, Seaboard Life, could be one reason for the poor service the DSA has been receiving from them recently, says the DSA's insurance broker.

Jeff Ische, with Campbell Company, indicated the change in corporate structure at Seaboard Life, since the DSA renewed its insurance with them last year, may or may not be the cause of the problems the DSA is having with Seaboard now.

"I can't tell you that's the exact reason, but that would be my best guess," Ische said.

Seaboard Life is the insurance company from which students at Conestoga receive their drug plan and RxPlus is the facilitator of the drug cards students are issued.



REFUNDS — Steve Harris, a second-year broadcasting student, checks his list of names to confirm that Laura Parker, a first-year ambulance and emergency care student, has a refund check coming to her.

Ische said he believes it is a combination of indiscretions between the two companies that are causing

a problem for the DSA.

"The latest fiasco is that there was an enrolment tape sent to

Seaboard and somebody sat on it for a good deal of time before they realized they were supposed to

send it to RxPlus."

"It's just been a bloody comedy," Ische said.

Ische said he doesn't usually become involved in individual complaints but has made an exception for the DSA's case so that any problems are remedied as soon as possible.

An alternative company has already been offered to the DSA to look at for next year.

Bev Cutone, the DSA's vice-president of student affairs and a third-year marketing student, said one of the main problems with the company involved the family drug cards, which took an "extremely" long time to get back.

Once they arrived, there was an error in the expiry date.

There was also a letter sent to pharmacies that included a typing error telling them birth control pills aren't covered by the insurance when they are.

(Photo by Rick Kew)

Cold and flu virus back this season

By Wendy Cummins

There is something floating around in the air this season and it isn't snow, it's a virus.

Colds and flus are making their annual return as the winter season comes to town.

They are called outbreaks because what you are dealing with is people coughing and sneezing, an airborne virus, said Conestoga's resident nurse Carol Nelson.

At this time of year, the most obvious symptoms of a cold or flu are running noses, coughing or respiratory problems.

"Students don't have the best sleeping habits so they're bound to get it," she said.

Approximately 100 people will visit the health office during a one-month period while the virus is still in its communicable phase,

usually between December and June, she said.

Every day someone is coming in with a runny nose or a cough, Nelson said.

"If you're going to be around where there is a lot of people you're going to get it."

According to a Lung Association brochure available at the health office the way to tell the difference between a cold and a flu are signs of a fever or a headache, which are usually associated with a flu.

As well, chest discomfort can be severe with a flu virus.

Complications from a cold are usually very mild, such as an earache or sinus congestion.

Also, fatigue and weakness are extreme in the case of a flu.

Complications that can arise from a flu are bronchitis, or pneumonia — both life threatening.

The flu viruses that have been isolated this year and that are now treatable are the Texas, Taiwan, Wuhan, Johannesburg, Alaska and Beijing.

They are named after the area that the flu "bug" was isolated.

All flu shots that were given this year concentrate on these isolated viruses and the response has been good, Nelson said.

Vitamin therapy or holistic therapy may work to keep the cold and flu virus away for a while and Nelson said she has heard good and bad responses to these types of treatments.

Staying away from people who are sick, and getting the rest your body needs are ways to prevent either the cold or flu virus having a chance to infect your body. Viruses will take effect because of low immunity, she said.

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Charge it



Susan MacDonald, left, of Clegg campus marketing in North York, does a last minute check for Chanthala Homphauong, 22, a second-year management studies student, on her credit card application, while in the background, Elaine Royea, 33, a first-year numerical control technician student, fills out an application Nov. 28 in the cafeteria.

(Photo by Peggy Sue Ironside)

IS YOUR CLASS BEING REPRESENTED?

Does your class have any suggestions, ideas, complaints or concerns? Elect a Class Rep. to act as the voice of your class.

For more information and meeting schedules see Becky at the DSA Office.



STUDENT LIFE



FEUDING WINNERS —The Explosion Family, (from left) Jason Harnett, Jim Austin, Mike Heegan, Roger Wardell and Jason Kempthorne, all second-year broadcasting students, was the winner of the second game of Family Feud.

(Photo by Sara Maxim)

Feuding families fill Sanctuary

By Sara Maxim

Families were feuding in the Sanctuary on Dec. 2, and the Doon Student Association arranged for it to happen.

It was Family Feud, a DSA event, fashioned after the television game show of the same name.

Eight "families" competed in five games after groups of five students chose team names and signed themselves up in the DSA office before the event. There was no entry fee.

Steve Harris, DSA promotions assistant, was the host, Becky Boertien, DSA director of student life, judged the contestants' answers and Chris Kroeker, DSA promotions assistant, was responsible for operating the buzzers.

Two families competed in each game, in which contestants were asked to guess the most popular answers to a variety of questions.

Because Family Feud was part of the DSA's Christmas Theme Week, all questions were based on Christmas, Harris said. The answers came from a DSA survey of 100 Conestoga students.

The games lasted about 20 minutes each and the victorious family received a Labatt's bucket and a T-shirt for each member.

The first families to compete were the Reckies, a group of first-year recreation leadership students. They took on Ichebtec, a group of business administration marketing students.

The Reckies family — Pam Kogut, Sarah Johnson, Quincy Nguyen, Bob Noble and Dave Tansley — were declared the winners of game one.

After a 10-minute break, Explosion, a group of second-year broadcasting students, battled the Recking Crew, a group of recreation leadership students.

The Explosion family, consisting of Roger Wardell, Jason Kempthorne, Jim Austin, Mike Heenan and Jason Harnett won.

The Nursing Nymphs, a group of first-year nursing students, competed against Suite Treats, a group of students from Rodeway Suites, in the third game, won by the Rodeway group. Its members were Joe Magnotta, a first-year general business student, Oscar Kalo, a first-year mechanical engineering technology student, Nicole Lach, a first-year business admin-

istration management studies student, and Natara Evelyn and Tammy Eberle, both first-year nursing students.

The Elite family, a group of business administration marketing students, was supposed to compete against the A-Team in the fourth game, but the Elites did not show up. So Suite Treats, minus Kalo and Lach, volunteered to take the spot. Sylvia Comacchio and Nikki Boyle, first-year nursing students, filled in for Suite Treats missing members, but the team lost this encounter.

The A-Team family — Rena Schmidt, a first-year ambulance and emergency care student, and Dan Thornhill, Jon Herring, Greg Kraus and Jeremy Dancey, all first-year mechanical engineering technology robotics and automation students — were declared the winners after what was, according to the judge, a close game.

Twelve families signed up originally, Boertien said, but three dropped out before the event.

This left an uneven number of teams, forcing either one family to go twice or the formation of another family, she said.

Because families were only required to attend their scheduled games, the ninth family was not in the Sanctuary to fill in for the Elite family when they didn't show up.

This meant that another family would have to compete for a second time.

The Explosion family, minus Kempthorne and Austin, competed against the last family, the CBSA.

Alana Mowbray, a second-year law and security administration student, and Gavin FitzPatrick, DSA entertainment manager, filled in for the Explosion family's missing members.

The CBSA family — Stefan Babic and Jeff Gobo, third-year business administration management studies students, Adrian Helm and Alex Kress, both third-year computer programmer/analyst students, and Sarah Greensides, a first-year law and security administration student — won game five.

Although the Sanctuary was full when the Family Feud began at noon, only about 30 students remained at 2 p.m. for the fifth and final game.

OSAP NOTICE CONESTOGA COLLEGE BURSARY

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Application forms are now available in the Student Services Office and the Registrar's Office

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DECEMBER 20th, 1996**

Mopping up



Kelly Martin, a recreation centre employee, cleans up during a Christmas party Dec. 1.

(Photo by Eric Whitfield)

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STUDENT LIFE

International student pleased with Conestoga education



By Ross McDermott

His name is Salman Tahir. He sits in the learning resource centre dressed in his native Pakistani garb, his eyes and smile spreading an aura of friendliness across his face. He explains his clothing by stating that he was doing a presentation on Pakistan in his multiculturalism class.

An international student with a bachelor degree in commerce, he said the level of education in Canada is more advanced than in Pakistan.

"I have been in Canada for the last three months," said the first-year business accounting student.

"I like the style of education over here," said Tahir. "Here you have the semester system," explaining that in Pakistan, students write one final exam near the end of the school year.

"All year long people just fool around, and then for two months they study."

When he began to study at Conestoga, Tahir said, the tests started in the second week of classes.

He said he had difficulty getting used to the semester system, but now thinks it is better than the system in Pakistan, as it requires time management and makes studying more enjoyable.

He has mostly praise for the college.

"I like the college. It has a very high standard of education. The only thing I don't like is there is no Internet access for students."

He said he has friends in Pakistan to whom he is sending information about Conestoga, and highly recommends the college.

"They still have to make up their

minds whether they want to come to Canada or the United States."

There were a number of adjustments he had to make when adapting to life in Canada, he said.

"I'm used to driving on the left-hand side of the road, with the steering wheel on the right-hand side of the car," he said. "So that was one of the major differences over here."

He said it took him a long time to adjust to driving in Canada and sometimes he still gets confused.

Tahir lives with a family in the homestay program, through which the college arranges living accommodations for international students.

"The people who I live with were very helpful in letting me know about the cultural differences," Tahir said.

"Over here, you cannot hug another man. People take it for being gay or something," he said.

In Pakistan, however, when two male friends meet, it is common for them to hug and shake hands, he said.

Tahir said he has experienced no racism or prejudice since being in Canada.

"People here are very friendly. They help me if I need it. They invite me to their parties. I feel very welcome here."

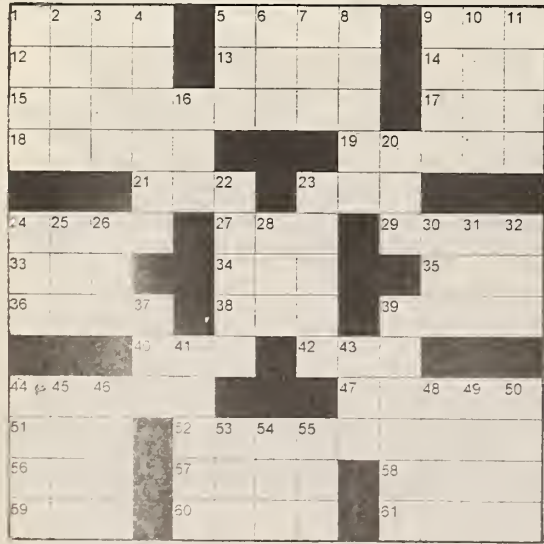
He said the climate is much colder in Canada than what he is used to. The first time he saw snow is an experience he won't forget.

"I like the snow; it is like fur falling from the sky."

Tahir said when he finishes his education at Conestoga he plans to attend university and complete his master's degree in business administration, then will return to Pakistan. A North American education is a highly valued commodity in his country, he said.

FAR FROM HOME — Salman Tahir, a first-year business accounting student and an international student, gives the peace sign to indicate he is happy with his experience in Canada. He is wearing Pakistan's native dress for a presentation in his multiculturalism class.

(Photo by Ross McDermott)



- | | |
|--------------------------|--------------------------|
| Across | Down |
| 1 Carpentry tools | 1 Girdle |
| 5 Blind as - | 2 Poker term |
| 9 Flat cap | 3 Frayed |
| 12 Author unknown (abbr) | 4 Eats |
| 13 Information | 5 Marls of TV's "Nurses" |
| 14 Born in the - | 6 Old Lady |
| 15 Ploy | 7 Broke a fast |
| 17 Jogged | 8 Florida city |
| 18 Consequently | 9 Rotate |
| 19 Cent | 10 - example |
| 21 Beer barrel | 11 Numerous |
| 23 "The - Sack" | |
| 24 Domino | |
| 27 Already Been Chewed | |
| 29 Bag | |
| 33 Self-esteem | |
| 34 Scratch | |
| 35 Three | |
| 36 Hog | |
| 38 Compass point | |
| 39 Dressed | |
| 40 Pacino and Capone | |
| 42 Alas! | |
| 44 Polo | |
| 47 Dark | |
| 51 Honest - | |
| 52 Exit | |
| 56 Average grade | |
| 57 Pleased | |
| 58 Historian's concerns | |
| 59 Snaky fish | |
| 60 Ireland, to a poet | |
| 61 Hire | |

- 16 Golf peg
- 20 Sullivan and Asner
- 22 Monopoly and Scrabble
- 23 Fastener
- 24 Winter mo.
- 25 Gone by
- 26 One - customer (2 wds.)
- 28 Prohibit
- 30 Be sick
- 31 Central Intelligence Agency
- 32 Baby goat
- 37 Royal Air Command
- 39 To place at the middle
- 41 Cabin
- 43 "- Town"
- 44 Spice
- 45 Busy as -
- 46 Fishing machine
- 48 Decoy
- 49 Oil country
- 50 Quiz
- 53 Actor Wallach
- 54 Average score
- 55 Fruit dring
- Answers to this crossword will appear in next week's SPOKE**

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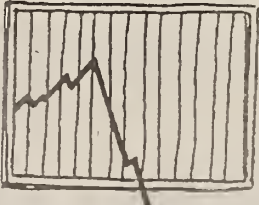
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GO TO STUDENT SERVICES (2B02)

SPORTS

New teams possible pending increased attendance

By Eric Whitfield

Basketball and volleyball varsity teams are only a possibility if attendance for the current varsity teams improves, said the director of the college's recreation centre.

Fans have to indicate they will support new teams by attending the current varsity teams' games, Ian James said.

The demand has to be there first, he said, because it would cost about \$7,000 a year per team.

The soccer teams have a budget of \$5,000 each for travel and accommodation.

One possible reason for the lack of support, he said, is that Conestoga is a commuter's college.

Also, for the school to invest in more teams, the recreation centre would have to make a profit, he said, which means more people buying concessions and tickets to the hockey games.

If new teams are added, "It would hurt the college and the students by operating at a loss. Even though the teams would help promote the school, it is hard to measure the amount of students they would attract to Conestoga," James said.

The school has the facilities for the teams, with the gymnasium, James said, and there have been varsity volleyball and basketball teams here in the past. But they fell under the crunch of downsizing.

Injury clouds future with softball Condors

By Eric Whitfield

Amanda White had been offered a partial scholarship to attend school and play softball at Michigan State University, but she decided to come to Conestoga.

And now, she may not even play in her second season at the college, because of a controversy over an injury.

White, who has played outfield, third base and catcher for the Condors, was at Notre Dame University with her Conestoga teammates preparing for a tournament Oct. 5-6 — which she ended up missing, along with the rest of the season.

She was catching warm-up pitches from Fawn Day, one of the Condors' hardest throwing pitchers, when a ball got past White's glove and struck her in the face. Her nose was broken, as were her hopes to play in the O.C.A.A. Gold Medal game on Oct. 26, which the Condors won.

The Stratford native said she was willing to play with the broken nose and coaches, Yvonne

and Brian Broome, were going to let her.

The problem, however, was the school wanted her to wear a face mask, but White didn't want to, she said.

The face mask was too awkward for an outfielder to use, said the first-year law and security administration student. A doctor told her she could play without the mask, White said, but did not give her a note.

When she told the Broomes, they still insisted on the face mask, she said.

White had the choice of sitting on the bench, wearing the face mask on field or not playing at all, she said.

She chose the latter.

"Sitting on the bench is not an option," she said.

Yvonne Broome said she did not wish to comment on record.

Because of the situation, White is not sure if she is going to play next season, or just concentrate on her school work.

As for her future in softball, she said she hopes to play in an all-star league at a higher level.



MASKING CONTROVERSY — Amanda White, who played for the varsity softball team last season, debates if she will play again for Conestoga.
(Photo by Eric Whitfield)

Hockey

Condors set goal to even record by Christmas

By Eric Whitfield

The Condors won 3-1 against the Sault College Cougars in Sault Saint Marie on Nov. 29 to put them one game away from the .500 mark.

"Our goal is to be at .500 by the Christmas break," said coach Tony Martindale.

The Condors are two points away from that goal, with one game left, which was to be played against Sir Sanford Fleming College on Dec. 5.

Conestoga put themselves in a position to reach .500 when they beat Sault without some key players on their team.

Forward Mike Hodgert, de-

fenceman Dale Henry and goalies Devin Steubing and Robb Taylor couldn't make the game because of other commitments, Martindale said.

Chris Marschall started in net for Conestoga, with Judd Fletcher, a player the Condors had released at the beginning of the year, as backup goaltender.

However, Fletcher did see some action when, with two minutes left in the second period, Marschall took a five-minute penalty. Fletcher shut out the Cougars for the remaining part of the second period and all of the third.

Martindale said Fletcher will get another look, because of his performance.

Both teams' goaltending was excellent, he said.

Conestoga's goalies didn't have to face too many scoring chances because the Condors' defence played well. Adam Born played particularly well and Jason Snyder played his best game of the year, he said.

However, the difference in the game, Martindale said, were the third and fourth lines.

"When you can get your third and fourth lines playing well, it helps your chances of winning," he said.

Another reason for the good play of the Condors was they saw the game as a challenge, he added.

The team travelled nine hours to

play the game at John Rhodes Arena. Martindale said these adverse conditions, along with the Condors wanting revenge for Sault's victory over Conestoga Nov. 13, helped the team to win.

Sault opened the scoring early in the first but did not score again.

Conestoga tied the game near the end of the first period, but there were no more goals until the third.

Conestoga scored with nine minutes left and then again into an empty net.

Scorers for the Condors were forwards Mike Traynor and Jeremy Snider and defenceman Jason Snyder.

The win put the Condors at 2-3 in the win-loss column.

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ENTERTAINMENT

Movie Review

The Mirror has Two Faces reflects Streisand well

By Trish Jackson



Jeff Bridges and Barbra Streisand break the rules of love and both come out winners in *the Mirror has Two Faces*.
(Photo courtesy of TriStar Pictures)

Barbra Streisand is back with a heart-warming movie that is sure to be a favorite to anyone who has ever had problems with a love relationship. Streisand, who produced, directed and stars in *The Mirror has Two Faces*, has come up with a winning formula that will have audiences laughing and crying. Streisand portrays Rose Morgan, a university English literature professor who still lives with her mother, has a complex about her looks and no prospects of love. She plays opposite Jeff Bridges as Gregory Larkin, a handsome math professor who, after a series of failed relationships with beautiful women, decides to place an ad seeking an intelligent but unattractive woman. He theorizes if he is not sexually attracted to a woman, the chances of the relationship succeeding will be better. Rose's beautiful sister, Claire (Mimi Rogers), replies to the ad on Rose's behalf — without her knowledge. Naturally, Gregory chooses Rose and the pair begin dating. The friendship grows, and becomes incredibly close, but remains on a completely platonic level. Three months pass without even a kiss when Gregory asks her to marry him, making it a clear arrangement which excludes any sexual contact. She agrees to the arrangement, but after awhile discovers

she not only has fallen in love with him, but is actually very interested in sex. When he rejects her, on the premise that it would destroy what they have, Streisand's performance of Rose's pain is heart-wrenching. Bridges as the bewildered, remorseful husband is equally captivating in the scene. Rose leaves him and embarks on a mission to remake herself. The "ugly duckling" storyline becomes reminiscent of *Rocky* as Rose undergoes the transformation from plain-Jane to fit femme fatal. She begins a diet and exercise program, dyes her hair, wears makeup and becomes the beauty she has always been on the inside. Throughout the movie the viewer realizes Gregory really does love Rose and is attracted to the real her, and his willpower is at times a bit unbelievable. However, overall, *Mirror* is a feel-good movie worth seeing. Veteran actress Lauren Bacall gives an excellent portrayal of Rose's vain, overbearing mother, and many of the movie's most poignant moments involve the interaction and rivalry between mother and daughter as they struggle to understand one another. Pierce Brosnan is the brother-in-law whom Rose has secretly been in love with. George Segal has a small part as Gregory's best friend.

Band Review

Boondoggle packs London club

by Shawn Leonard

The alternative band Boondoggle entertained the crowd Nov. 29, with catchy tunes and a stage performance that left the audience wanting more. The band, whose name means the act of looking busy when there is nothing to do, played to a packed house at the Bank of Amusement in London. Boondoggle opened with their most popular song, Trendy, to the cheers of the crowd, a combination of Western and Fanshawe students. They followed with over two hours of great songs, which in-

clude Straight Jacket, Second Chance, Same Old, Same Old and Shades of Blue. Just a Feeling offers lyrics like: "Shattered soul all around, falling on the ground I must begin, I must go on, this feeling has just begun." The song tells of the angst of lost love, while the music is at a fast pace so that it doesn't become a sappy romantic love song. Band members are: Alex Achenbach, lead guitar; Damien Richard, bass guitar and vocals; Jason Gerena, rhythm guitar and vocals, and Shane Sawyer on drums.

Between the two singers, the band offers a mix of almost every alternative band. Gerena offers a grittier, rougher voice comparable to bands like Soundgarden or Alice in Chains. Richard's singing is more energetic and resembles that of Oasis or Weezer. Boondoggle throws in four different styles of music, melodic harmonies and rhythms that at once embrace and lift the audience. The band will be on an Ontario tour in late January with club dates in Kitchener. For an evening of great music treat yourself to the performance.

Album Review

Xzibit provides the boom for the bass

By Wendy Cummins

At *The Speed of Life*, Xzibit's first album release, brings bass and meaningful lyrics to the hip-hop scene. Paparazzi, by far the recording's best lyrical piece, with lyrics, "It's a shame, niggas in a rap game, only for the money and the fame," tells of Xzibit's dislike for commercial rap, while sharing their view of the highrolling lifestyle, "Xzibit stay versatile with million dollar lifestyle." Not only does Paparazzi have meaning behind it, but the beat is definitely reminiscent of the original hip-hop style, seen before commercial rap or hip-hop appeared on the scene. This CD is definitely hard core. The Foundation, one of the album's lyrical masterpieces, deals with the issue of growing up in Los Angeles: "Realize you can only run the streets so long, then the streets run you, into the ground then gone," the song definitely brings some thought and meaning into the hip-hop scene. At *The Speed of Light*, the recording's title track, examines the group's beginnings and the

rise to fame: "It took a long time comin', but we waited, Xzibit went from understated, to now most anticipated," examines the group's struggle to rise above the rest of the talented artists on the hip-hop scene. Eyes May Shine, the third song, provides a plentiful amount of bass and a definite hip-hop style. It combines the lyrics that make this album real and the beat to make it electrifying. Bird's Eye View, another song reminiscent of the early hip-hop scene, is about getting high and spinning lyrics: "My style is badder than the water, down in Mexico, cause Rico blend styles

like juice and Gin." Carry The Weight, the second last song, is a personal look at the lead singer's loss in life: "Out I was at the funeral when it all began, you know the painful transition from a boy to a man, I lost sight of my mother at the age of nine, I didn't understand death, nearly lost my mind." These lyrics provide a look at the effects the loss of a parent can have on children. Xzibit provides the necessary mix on this album to make it a definite addition to any of the great masters of hip-hop that make your body move and your soul groove.

REVIEW GUIDE

- ★★★★★ Excellent
- ★★★★ Good
- ★★★ Fair
- ★★ Poor
- ★ Garbage



Free Nooner

featuring comedian
Jay Sanke

Tues. Dec. 10
12 noon
The Sanctuary



AFTERNOON
IN THE
LOUNGE



Wed. Dec. 11
12:30 pm
The Sanctuary

Nightmare Before
Christmas